

THE COSTENBADER SOCIETY, INC.

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SAVE THESE DATES:

- The 41st Costenbader Society Annual Meeting, Augusta and Belgrade Lakes, ME
August 6- 8, 2010
- The 42nd Costenbader Society Annual Meeting, Resort at Squaw Creek, Lake
Tahoe, CA
August 5 – 7, 2011

The 41st Costenbader Society Annual Meeting

Senator Inn & Spa, Augusta, Maine

The Parks Camp, Belgrade Lakes, Maine

August 6 - 8, 2010

Paul and I are looking forward to hosting the 41st Annual Costenbader Meeting at our summer home in Belgrade Lakes, ME. This truly is our way of celebrating yet another of Dad's precious gifts, which he often referred to as his 'sacred place,' which many of you have had the pleasure of visiting. This venue promises its own set of challenges, so we ask your cooperation to meet deadlines and thus urge you to digest the following information. Attached are your registration form and dues form for your convenience.

Attire: *Warning:* All ties will be confiscated without notice! Nothing dressier than jeans, shorts, sweatshirts, and sneakers will be tolerated at **all** scientific sessions and **all** social events.

Accommodations for the Maine meeting are as follows:

Release of room blocks are earlier than usual as this is the high season for Maine, so if you plan on attending, please lock in your room as soon as possible. When making your reservation, please note you are with the Costenbader Group to receive conference rates.

Two options are blocked –

- ***The Senator Inn & Spa Best Western*** (207-622-5804) where the conference is housed – first choice for convenience; rooms **must be booked no later than April 30th** to benefit your price reduction, note rates are available 2 days pre and post meeting:
 - Rates vary according to room/amenities:
 - Spa Suites \$252/night (normally \$279/night) – newly refurbished
 - Deluxe Presidential Wing \$189/night (normally \$209/night) – newly refurbished
 - Governors Wing \$144/night (not refurbished recently) – mostly twins
 - Spa Suites have the following amenities: (All rooms are on the second floor)

- King Bed with private sitting area
- King Bed with non enclosed sitting area and balcony
- Double Queen Bed with private sitting area
- Double Queen Bed with non enclosed sitting area and balcony
- Refrigerator, fireplace, flat screen TV, Jacuzzi, free internet access
- Presidential Rooms – (Some rooms are drive up and some are on second floor)
 - Few King Beds with a pull out couch and separate sitting area
 - Double Bed Rooms
 - Most recently remodeled rooms
 - Refrigerators, flat screen TV, free internet access

All hotel guests have unfettered access to in-house restaurant, coffee house, indoor salt water mineral pool, outdoor heated pool, Jacuzzi, sauna, steam room, and work out facilities, and spa facilities for: facials, massage, reikki – call ahead to schedule spa.

- **Quality Inn Evergreen** (207-622-3776) across the highway– second choice as backup
 - 2 minute car ride (walking on or across the highway is prohibited)
 - No restaurant, health club, in-room refrigerator, pool or spa on the premises
 - All spouse functions are across highway at the Senator
 - Rates: Executive Rooms \$112/night on the 2nd floor; no King beds available

The schedule and event locations are as follows:

Friday, 8/6:

- 5:30 PM - Welcome reception/sunset dinner beneath the stars on the Belgrade Lakes Golf Course lawn overlooking the lakes (yes, something for everyone!). Parking is limited, so double up for the 12-mile ride from Augusta. Friendly Award presentation

Saturday, 8/7: at the Senator Resort of Augusta, Maine

- 7-8:00 AM – Member business meeting, plated breakfast
- 8-1:00 PM - Scientific Session
- 8:30-10:00 AM – Spouse and guest breakfast
- Noon - The *Parks Camp* will be open – picnic lunch provided from 12-3:00 - and weather related water sports/lake enjoyment Saturday and Sunday. Pop in for a visit or stay for the afternoon! Canoes, kayaks, pontoon plane rides, swimming, and just visiting. All are invited to freshen up at the *Parks Camp* before being ferried back to the Belgrade Community Center to collect your car for the ½ mile ride to the golf course, thus avoiding the drive back to Augusta.
- 5:30 PM – Lobster Bake at the Belgrade Lakes Golf Course (tented outdoors)

Sunday, 8/8: at the Senator Resort of Augusta, Maine

- 7 -8:00 AM – Member breakfast meeting, buffet
- 8-1:00 PM - Scientific Sessions/ meeting adjourns
- 8:30-10:00 AM – Spouse and guest breakfast
- Parks Camp open at noon, lunch provided 12-3:00/water related activities through evening

Notes to remember:

- Please note the locations of events and add a sweater/sweat shirt or wrap dependent upon the local weather report as functions take place near water, and it can be 5-10 degrees cooler than the ‘city’
- Our celebrated state bird, the noble mosquito, can be a nuisance in the early evening hours, so socks and long pants are advised for the evenings
- Bug spray will be provided – but remember that perfume and scented lotions attract the little buggers
- Sunscreen lotion/hat are advised if you plan to spend time on the water
- Parking at Parks Camp is not possible – the Belgrade Lakes Community Center has promised use of their lower lot (closest to the street). You will be shuttled from the lower lot onto the Parks Camp when you visit on Saturday and/or Sunday.
- I **must** know if you are allergic or do not prefer lobster at the Lobster Bake – in the deep woods, substitutions cannot be accommodated last minute. An alternative of barbecued chicken will be offered for those non-crustacean aficionados

There are many wonderful places to visit in Maine. Our hope is that you and your families carve out time to spend a few days at Acadia National Park, exploring the beautiful Maine coastline from Camden to York, shopping at Freeport, antiquing in Bath, Hallowell or Wiscasset, or museum hopping to Rockport’s Farnsworth or the Portland Art Museum and waterfront. If you need more coaxing or other ideas, call us for suggestions...we’ll gladly share! (860-232-9770).

And remember, as Dad often noted, “old clothes are old friends” – so come comfy!

More to follow –

A Happy Healthy Holiday Season to all -

Grace and Paul
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